



CBA Blue

An independent licensee of the Blue Cross and Blue Shield Association.

CBA Blue LIVE

Highlights & How to Use

Benefit Highlights

CBA Blue LIVE gives the patient direct access to a doctor 24 hours a day, seven days a week and 365 days a year to treat common ailments such as colds and flu, sinus infections, allergies, pink eye, etc. The consultation can take place by a phone call, email or a web-based video call, and may include discussing symptoms, treatment options and prescriptions. Telemedicine consultations are a supplement for non-emergency treatment and visits to a primary care physician. And best of all, Telemedicine helps make healthcare affordable and convenient.

- Access to licensed Physicians in your state 24 hours a day, 7 days a week for your entire immediate family, even when you are not in your home state.
- Treat common ailments such as colds and flu, sinus infections, allergies, pink eye, etc.
- Consultants can be conducted via telephone or video.
- Request a doctor to call back within 2 hours or schedule a specific time for a visit.
- When appropriate, the doctor may prescribe a medication for you to pick up at your selected local pharmacy.

How to Use

1. Member activates account by going to portal.cbabluevt.com, calling **866.453.5228** or by visiting cbabluevt.com/members (you will need to click the sign in button and identify your employer group).
2. Members will fill out their Medical Profile by logging into their member portal or over the phone.
3. Dependents and their medical profiles can be added through the member portal. Any dependent over 18 will be set up in the member portal but will have their own log in to fill out their own medical profile.
4. Consults may be requested by logging into their member portal at portal.cbabluevt.com or calling **866.453.5228** and a doctor will call back within 2 hours.

Disclaimer

CBA Blue LIVE does not guarantee that a prescription will be written. CBA Blue LIVE does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse. CBA Blue LIVE physicians reserve the right to deny care for potential misuse of services. CBA Blue LIVE operates subject to state regulations.